










Fruit and Milk Choices
Available with All Entree
Choices!

In addition to the breakfast
entrees, a variety of Grab 'n
Go options are available.
Please see your schools'
menu board for the most
up-to-date menu and
offerings.

Menu Subject to Change.

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AUGUST 2024 - U-46 MIDDLE & HIGH SCHOOL MENU BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>   <h2>Breakfast at School</h2> <p>Start Your Day the Healthy Way</p> <p>Fresh Fruit Whole Grains Wholesome Milk More Variety</p>  </div>				
<div>  <div> <p>DID YOU KNOW?</p> <p>The word 'breakfast' was derived from the verb 'break' and the noun 'fast'. When one ate on awaking in the morning this was an act of breaking the fast which occurred during the period of many hours of sleep.</p> </div> <div>    </div> </div>				
<div>  </div>	<div> <p>12</p> <p>FRENCH TOAST WITH TOPPINGS OR GRAB 'N GO ITEM</p> <p><i>FRUIT JUICE MILK</i></p> </div>	<div> <p>13</p> <p>EGG AND CHEESE BREAKFAST BISCUIT OR ICED DONUT RING</p> <p><i>FRUIT JUICE MILK</i></p> </div>	<div> <p>14</p> <p>POWDERED DONUT HOLES OR FRESH BAKED CINNAMON ROLL</p> <p><i>FRUIT JUICE MILK</i></p> </div>	<div> <p>15</p> <p>CHEESY EGGS WITH TATOR TOTS OR GRAB 'N GO ITEM</p> <p><i>FRUIT JUICE MILK</i></p> </div>
<div> <p>19</p> <p>DUTCH WAFFLE WITH TOPPINGS OR HOT HAM AND CHEESE BAGEL</p> <p><i>FRUIT JUICE MILK</i></p> </div>	<div> <p>20</p> <p>FRUIT AND YOGURT PARFAIT OR EGG AND CHEESE BREAKFAST BISCUIT</p> <p><i>FRUIT JUICE MILK</i></p> </div>	<div> <p>21</p> <p>TURKEY SAUSAGE AND CHEESE BAGEL OR ICED DONUT RING</p> <p><i>FRUIT JUICE MILK</i></p> </div>	<div> <p>22</p> <p>CHOCOLATE CHIP LOAF BREAD OR FRESH BAKED CINNAMON ROLL</p> <p><i>FRUIT JUICE MILK</i></p> </div>	<div> <p>23</p> <p>EGG AND CHEESE BREAKFAST TACOS OR GRAB 'N GO ITEM</p> <p><i>FRUIT JUICE MILK</i></p> </div>
<div> <p>26</p> <p>TURKEY SAUSAGE PANCAKE WRAP OR HOT HAM AND CHEESE BAGEL</p> <p><i>FRUIT JUICE MILK</i></p> </div>	<div> <p>27</p> <p>DONUT OR TURKEY BREAKFAST SAUSAGE AND CHEESE BISCUIT</p> <p><i>FRUIT JUICE MILK</i></p> </div>	<div> <p>28</p> <p>EGG AND CHEESE BREAKFAST BAGEL OR ICED DONUT RING</p> <p><i>FRUIT JUICE MILK</i></p> </div>	<div> <p>29</p> <p>BANANA BREAD OR FRESH BAKED CINNAMON ROLL</p> <p><i>FRUIT JUICE MILK</i></p> </div>	<div> <p>30</p> <p>SCRAMBLE EGG SKILLET WITH POTATOES OR GRAB 'N GO ITEM</p> <p><i>FRUIT JUICE MILK</i></p> </div>